

## MEAL PROGRAMS

**All Saints Church**  
249 Hamilton Rd

**Ark Aid Street Mission Inc**  
696 Dundas St at Lyle St

**Beth Emmanuel Church**  
430 Grey St between Colborne / Maitland St

**Bishop Cronyn Memorial Church**  
442 William St at Queens Ave

**Calvary United Church**  
290 Ridout St S at Garfield Ave

**Centre of Hope (Salvation Army Hostel)**  
281 Wellington St at Horton St

**Christ Anglican Church**  
138 Wellington St at Hill St

**Church of the Ascension (formerly East London Anglican Ministries)**  
2060 Dundas St E

**Dundas Street Centre United Church**  
482 Dundas St at Maitland St

**Elmwood Presbyterian Church**  
111 Elmwood Ave E at Cathcart St (5<sup>th</sup> Saturday)

**First Baptist Church**  
568 Richmond Street

**First St Andrew's United Church**  
350 Queens Ave at Waterloo St

**Grace United Church**  
818 Hamilton Road at Glenwood Ave

**Impact Church**  
220 Adelaide St N at Hamilton Rd

**Intercommunity Health Centre**  
1355 Huron St., Unit 7

**London Jewish Community Centre**  
536 Huron St. @ Adelaide  
**Free Shuttle bus service from the core**

**Metropolitan United Church**  
468 Wellington St at Dufferin Ave

**My Sister's Place**  
566 Dundas St.

**New St. James Presbyterian**  
280 Oxford St. E

**Rowntree Memorial United Church**  
156 Elliot St at Cheapside St

**St. Alban's Church**  
1350 Huron St. at Highbury

**St. George' Anglican Church**  
227 Wharncliffe Rd. N. **\*Not Wheelchair Accessible\***

**St James Westminster Church**  
115 Askin St at Wortley Rd

**St Joseph's Hospitality Centre**  
707 Dundas St at Lyle St

**St. John**  
280 St. James Street

**St. Luke's Anglican**  
1204 Richmond St. N.

**St Martin of Tours Church**  
46 Cathcart St at Elmwood Ave E

**St. Paul's Anglican Cathedral**  
472 Richmond St

**Salvation Army Hillcrest (Church)**  
310 Vesta Rd., corner of Huron & Highbury

**Salvation Army London Citadel**  
555 Springbank Dr

**Salvation Army Westminster Park Corps (Church)**  
1190 Southdale Rd.

**Street Connection**  
258 Horton St at Wellington

**Trinity United Church**  
76 Doulton at Hale one block south of Dundas

**Wesley Knox United Church**  
91 Askin St at Teresa St

**Youth Action Centre**  
141 Dundas St (Lower)

**Supporting Organizations Coordinating Meal Programs**  
St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre).

## FOOD BANKS

*Food Banks usually provide a one to three day supply of food, once a month to once every three months, per individual or family. Proof of home address or identification for each family member may be required.*

### Centre of Hope, Community Services

281 Wellington St at Horton St 8:00 am – 3:30pm - Mon-Fri  
No appointment required – call (519) 661-0343 ext 227

**\*Note-Clients may not visit both Centre of Hope and Salvation Army Foodbanks**

Salvation Army Westminster Park  
1190 Southdale Rd.

### Chalmers Presbyterian Church

342 Pond Mills Rd at Commissioners Rd E., 1 pm – 2 pm Tuesday & Thursday  
Residents of the area only, appointment required, call (519) 681-7242

### Crouch Neighbourhood Resource Centre

Baby food/formula/diapers and food items available on an emergency basis only, 550 Hamilton Rd. Tuesday, Wednesday 9 am – 12 noon, Thursday, Friday 9 am – 4 pm.  
*For residents of the Hamilton Road area only*

### Daily Bread Program

Daily Bread Program, St. Paul's Cathedral, 472 Richmond St. at Queens Avenue  
9:30 am - 12 pm, Monday to Friday - Baby Food is available.

**Families First CAPC White Oaks (South London Community Centre)**  
1119 Jalna Blvd. 9:30am – 4:30 pm Monday – Friday

### Families First CAPC Westminster

1043 Southdale Rd. E. 9:30am – 4:30pm Monday - Friday  
Baby food bank for Westminster area residents, call first, (519) 649-1248

### Fanshawe College, Student Sharing Shop

1460 Oxford St E, Room B1050 at First Ave / 9-4 Mon-Fri College students only. *Note: if The Student Sharing Shop is closed please go to the Student Success Centre at Room F2010 for assistance*

### Gethsemane United Church

1461 Huron St. and Sandford St., Wednesday, Friday 9:30 am – 12:00 noon  
Appointment required. (519) 451-0600 Area Residents only

### Glen Cairn Community Resource Centre

150 King Edward Ave at Thompson Rd Monday, Tuesday, Thursday & Friday 9:00 – 4:00, Closed Wednesday.  
Emergency & Baby Food Bank available to residents of Glen Cairn & Pond Mills Community. Please call ahead for availability of items (519) 668-2745.

### London and Area Food Bank –

**\*\*Note - Permitted postal code areas only for each depot**

926 Leathorne at Adelaide – (519) 659-4045 9-4 Mon-Fri – All London & Area

**Satellite Locations:** (Note: You **may not** visit both the Main and Satellite locations)

Argyle Food Depot, (Richards Memorial United Church – Clarke Road Entrance – across from Argyle Mall), 10-3:30 (2<sup>nd</sup> Thursday) **N5V, N5W**

St. Lawrence Church, 910 Huron St, 11-3:30 (3<sup>rd</sup> Wednesday) **N5V, N5Y**

Impact Church, 220 Adelaide St N, 1-5 (3<sup>rd</sup> Thursday) **N6B, N5W, N5Z,**

Kinsmen Food Depot, Kinsmen Recreation Centre, 11 – 3 (3<sup>rd</sup> Friday)  
**N6A, N6C, N6H, N6J**

NW Food Bank Depot at Northwest London Resource Centre 1225 Wonderland Rd N.  
c/o Sherwood Forest Library, 10 am – 3:30 pm. (3<sup>rd</sup> Tuesday) **N6G, N6H**

### Northwest London Resource Centre

Emergency Cupboard for northwest residents only N6G N6H at Resource Ctr.  
Wednesday 9:30 am – noon, Thursday 1:00 pm – 4:00 pm, (519) 471-8444.

### St Vincent de Paul Society Vouchers

Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.

### St. Paul's Cathedral

Daily Bread Program – 472 Richmond St (at Queens Ave)  
9:30 am – 12:00 pm, Monday to Friday – Baby Food is available

### Southdale Chaplaincy Centre

983 Southdale Rd. E.  
Baby food bank for Westminster area residents (519) 685-2771

### The University of Western Ontario, USC Food Bank – UWO Students only

24-hour anonymous food hamper system; e-mail usc.foodbank@uwo.ca to request a hamper. Locker number and combination provided to pick up the food hamper; Baby food and food vouchers available

### White Oaks United Church

1901 Jalna Blvd at Southdale Rd E  
Monday and Wednesday 1-3 pm, Saturday 10 -12 noon  
Residents of the area only, call (519) 681-3229

### Youth Action Centre

141 Dundas St (Lower)  
8-10 am and 5 pm Mon-Fri, 1-4 pm Sat from the 15<sup>th</sup> to the end of the month for youth 16 to 23 years. Baby Food Bank is open all month when supplies are available.

### Start Up A Collective Kitchen

For more information on how to start up a Collective Kitchen in your neighbourhood please call London Community Resource Centre (519) 432-1801 ext. 223.